

SPRING 2019



Lake Kashagawigamog Organization **NEWSLETTER**



SUMMERTIME FUN BEGINS ON KASHAGAWIGAMOG!

Welcome to Lake Kashagawigamog!

Spring 2019

Whether you are a new or returning member, you have joined with your friends and neighbours to promote and protect our lake. We are an active association that works closely with other lake associations, the Federation of Ontario Cottagers' Associations (FOCA), the Coalition of Haliburton Property Owners Associations (CHA), the Coalition of Equitable Water Flow (CEWF), the Ministry of Natural Resources & Forestry (MNR), the County of Haliburton, and the Township of Minden Hills and Township of Dysart et al.

The LKO actively tests the water on the lake and will soon be testing for invasive species. We have worked with various groups to restore shorelines and are actively involved with our neighbouring lake associations to provide educational programs on this and other important topics (e.g. septic inspections, cottage succession). We are now working to further protect against shoreline erosion and to increase safety on the lake through signage and buoys.

We also have social events like our Kash Bash at the end of the summer that have become "must attend" functions for our lake

residents. And, we like to keep you informed about events and important topics. We do this through our Annual General Meeting, our newsletter, our web page (www.lko.ca), our e-blasts, and our Facebook page (@lakekash).

If you want to learn more about the LKO, visiting our webpage will provide you with a great variety of information, such as what is happening on your lake, archived newsletters and upcoming events. Attached, you will find links to the above associations plus other general information that you may find of interest.

I am thrilled that you have joined and please enjoy beautiful Lake Kashagawigamog.

Bob Carter
LKO President



LKO Executive 2018-2019


| PRIMARY ROLE | NAME | PRIMARY # | EMAIL ADDRESS |
|--|---------------|--------------|--|
| President | Bob Carter | 905-302-7510 | president@lko.ca |
| Past President | Gary Wiles | 705-286-1334 | pastpresident@lko.ca |
| Vice President | Jan Gerrow | 902-489-2981 | vicepresident@lko.ca |
| Secretary | Jan Gerrow | 902-489-2981 | secretary@lko.ca |
| Treasurer (Advertising) | Jim Bertram | 416-921-0765 | treasurer@lko.ca |
| Membership | Wendy Hampson | 705-286-6770 | membership@lko.ca |
| Director (Lake Steward) | Glenda Bryson | 705-457-9037 | lakesteward@lko.ca |
| Director (Lake Steward2) | Scott MacPhee | 705-286-1800 | lakesteward2@lko.ca |
| Director (Social Media/Events/Website) | Kirsten Sixt | 705-286-6793 | social@lko.ca |
| Director (Advertising/Road Steward) | John Carter | 705-309-0340 | advertising@lko.ca |
| Director (Newsletter) | Karen Nimigon | 705-457-6505 | newsletter@lko.ca |
| Website | Scott MacPhee | 705-286-1800 | web@lko.ca |

CONTACT YOUR DIRECTORS

Members with questions/concerns are encouraged to contact the Director(s) responsible for that particular issue.



We are looking for Board Members

 Please let us know if you are interested or if you know of someone that might be interested in joining the LKO Board.


Being a Board member is not an onerous job. For two years you have fun working with other cottagers to ensure that Lake Kashagawigamog is the best place to cottage.


For further information contact president@lko.ca.
Get Involved. We are a fun bunch!

LKO SAILING CLUB

The LKO Sailing Club would love new sailors with all types of sailboats and skill levels.

For more information contact Kurt Andre - kandre@rogers.com






SEPTIC INSPECTIONS

The preservation of our natural environment is an endeavour that we all share. To this end it will be the small individual efforts that will make the difference, natural shorelines and responsible management of our onsite wastewater. The little steps can pay big dividends. A well maintained septic system is a great start. The Municipality of Dysart has put forth an initiative to get the ball rolling by implementing the most robust of any of the Septic Re-Inspection Programs within the County of Haliburton.

Inspections are a necessary part of the operation and maintenance of a septic tank



An optimal running septic system is undoubtedly the objective of every rural property owner. However given the fact that the system is completely sub-surface, the ability to adequately access a septic system is virtually impossible for the home and cottage owner. Latent defects often can go unnoticed for months or even years, slowly contaminating the earth and water bodies' alike.

HomePro Inspections is proud to be one of the approved service providers for the Dysart's Septic Re-Inspection Program.

READ MORE ON OUR WEBSITE at www.homepro-co.com/InspectSeptic.aspx or feel free to contact us at 1-800-832-0519 or 705-455-9055, alternatively email us at homeproco@gmail.com

Michael Rahme



The 3rd Annual Kash Bash is Coming!

August 24th, at Haliburton Hockey Haven

Mark your calendars for an evening of fun, delicious food, beverages & entertainment. Food provided by Chef Brad, Beer, provided by Haliburton Highlands Brewing, Wine & Water, complimented with great dance music provided by Gary and The Rough Ideas.

Come check out the festivities, catch up with old friends, and meet new ones from our amazing lake. The previous 2 years have Sold Out! Tickets on Sale Soon!

HOPE TO SEE YOU THERE!

Wendy Yeates & Kirsten Sixt social@lko.ca



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Membership Report



Photo by LKO member: Kathleen Conlan

We have 100 members now and growing! I am sure once cottaging season comes closer more folks will remember to renew their memberships (ONLY \$35!) or become first time members.

Your money is spent very wisely in a variety of ways such as:

- Water quality testing;
- Invasive species research;
- Purchasing boating markers to mark rocks, sandbars and indicate where to go slowly;
- Love Your Lake seminar in July;
- The new LKO Conservation Award;
- Lobbying local government on your behalf (septic inspections, water level management);

- Memberships in FOCA (Federation of Cottagers Association), CHA (Coalition of Haliburton Property Owners), CEWF (Coalition of Equitable Water Flow).

We do all this to protect and enhance everyone's property values! It takes all of us working together so encourage your neighbours to join us.

To see all the benefits of being a member see our new link <https://www.lko.ca/membership/>

Join now, if you haven't already, and be a part of this vibrant and enthusiastic lake association! <https://www.lko.ca/membership/join-the-lko/>

Wendy Hampson

LKO Membership Director
membership@lko.ca

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Brandon's Grilled Corn on the Cob

It's summer, which means that not only is your grill hot, but corn is also finally juicy and sweet.



1. Preheat BBQ - medium heat
2. Trim the corn tassels and remove any loose husk leaves from your Corn Cob
3. Place on the BBQ for 20 minutes, 5 minutes per side. Don't worry about the husk turning black, the corn is safe and getting juicier by the second
3. Remove from heat and let cool for 5 minutes
4. Remove the husk (Be careful it's hot!)
5. Salt & Pepper or Butter to taste. Enjoy!

FARMERS' MARKETS 2019

Haliburton County Farmers' Market:
Offering local seasonal produce, meats, cheeses,
baked goods, preserves, prepared foods,
hand-crafted artisan items and more.

HALIBURTON

Head Lake Park

Tuesdays (May 21 - Oct 15) • 12 - 4pm

MINDEN

Parking lot of the Municipal Buildings
Saturdays (May 18 - Oct 12) • 10am - 2pm

STANHOPE

1095 North Shore Rd.

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Visit <https://haliburtoncountymarket.wordpress.com> for more info



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Photo by LKO member Wendy Harrison



take a ride outside















LKO Conservation Award

Are you a conservation hero? Or do you know a group or individual whose efforts and accomplishments to improve, support or preserve the quality of the natural environment and resources of Lake Kashagawigamog deserve recognition? Now is your chance to send in a nomination for the Lake Kashagawigamog Organization's (LKO) Conservation Award.

The conservation effort(s) could include but is/are not limited to:

- water quality protection/enhancement and conservation;
- streambank and shoreline restoration or stabilization;
- animal habitat improvement and support;
- control and prevention of invasive species;
- land reclamation, soil enhancement or support;
- encouragement of an appreciation of nature (education).

ELIGIBILITY:

All Lake Kashagawigamog seasonal or permanent residents. Any group or individual who has demonstrated a commitment to conservation through effective and responsible activities that promote, enhance and further the conservation of Lake Kashagawigamog's natural resources is eligible for this award. Awarded for making a direct and positive impact on the lake and its flora and fauna. Applications may be self-nominated, submitted by another lake resident or by non-LKO members.

CRITERIA:

Describe the conservation effort, for example:

- Its objective;
- When it was done and over what length of time;
- Whom it involved (youth and/or adult) and how many people;
- Where it was done;
- What were the results, if any;
- Are there any future plans for the conservation effort;
- Supporting documentation (e.g. photographs, data);
- Any other pertinent details.

RULES AND REGULATIONS:

Timeline: Completed applications including all supporting material must be submitted by December 31, 2019;

Judging will be completed by June 1, 2020;



Award presented at the June 2020 Lake Kashagawigamog Organization Annual General Meeting.

SUBMISSION MUST INCLUDE:

Description of the conservation effort including any supportive material, photographs or data;

One letter of support (can be from anyone who was familiar with the conservation effort, including family);

Completed application form located can be downloaded from the LKO website www.lko.ca.

HOW TO SUBMIT:

Electronic submissions: conservationaward@lko.ca

Paper submissions: Lake Kashagawigamog Organization, PO Box 878, Haliburton, ON K0M 1S0

Adjudication will be by the Lake Kashagawigamog Organization's Conservation Award committee members. Biographies of Committee Members can be viewed at www.lko.ca.

PRIZE:

- Cash prize of \$100
- Free 1-year LKO membership
- Lake Kashagawigamog decorative paddle
- Media recognition of the conservation effort

All award winners will be recognized at the 2020 LKO Annual General Meeting in June and the achievements will be highlighted in the LKO newsletter. The winning conservation effort may also be profiled in the local media.



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SIMPLE SEPTIC TIPS TO KEEP OUR LAKES CLEAN

FACT: Efficient Septic Systems Pollute Less → What Your Septic System Needs: **Time & Bacteria**

In order for GOOD Bacteria to work: Don't let 'bacteria killers' down the drain. They kill the good bacteria in your system. Don't let these 'bacteria killers' down the drain:



- Chlorine Bleach & Products Containing Bleach
- Anti-Bacterial Soaps & Products
- Dishwasher Detergent containing bleach (*most brands do!*)
- Dishwasher Rinse Aids (*Tip: use lemon juice instead*)
- Cream Cleansers – most have bleach (*see a.*)
- Drain Cleaners
- Automatic Toilet Bowl Cleaners
- Liquid fabric softeners

DID YOU KNOW...



It only takes ONE load of dishes using a regular detergent to kill ALL the good bacteria in your system for up to 4 days!

TIPS:

- Use Septic Friendly Products (*look for packages saying: no bleach & no phosphates*)
- Never use a garburator
- If soap, toilet paper or cooking grease get down your drain or anyone in the house is on antibiotics – use EcoEthic Septic Treatment once a month to provide your system with the correct bacteria and enzymes to digest these items

EcoEthic Septic Treatment is Available at Organic Times, 124 Bobcaygeon Road, Minden and Northern Expressions, 13588 Hwy #118, Haliburton



TIME TIPS

Your system needs as much time as you can give it to digest the waste you put in before the next load of water arrives.

Remember: One Drop In = One Drop Out Of Your System



Give your system time by Minimizing Water Use and Spreading It Out Over Time

1. Your septic system is sized to handle 2 people for every bedroom – not more
2. Cut your household water use by 27% by installing an Ultra Low flow toilet – 3 litres per flush
3. Try not to do more than ONE load of laundry per day
4. Keep showers short & use a low flow shower head
5. Use every opportunity to use less water when doing regular activities
6. Get a licensed septic pumper to pump out and inspect both sides of your tank every 3-5 years.



For great entertainment and more info watch the "Poop Talk" Lake Protectors Video at www.cohpoa.org



SEPTIC TIPS



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NO WAKE ZONES – 5 LAKE CHAIN

Water activities and boating are a huge part of summer fun on Lake Kashagawigamog. Taking precautions should be an integral part of the process to keep everyone safe and avoid tragic accidents.

DO be mindful of local boating laws! In Haliburton County, you must have enough life jackets, you must have a boat safety kit, you cannot have too many passengers, and like most places you cannot have open alcohol.

DON'T drink and boat! It is not just unsafe; it's against the law.
<https://www.boatingontario.ca/cpages/responsible-boating>

Boating Safely in No Wake Zones on the 5 Lake Chain

Transport Canada, through the Buoys Act, provides guidelines for recreational boating communities, to encourage safe boating practice on lakes.

Lake Kashagawigamog and Soyers Lake now have new signage, indicating reduced speed limits in areas of narrow passageways and channels where boaters should slow down!

Up Stream/Down Stream red and green markers indicate where boaters should proceed slowly. Please stay between the Red & Green markers through the passageways. The Red & Green markers are very evident on Soyers and Canning Lake.

PLEASE CONSIDER...Boat size, Performance and your Lake.

Boating should be a fun and safe activity, it's a good idea to learn the lake community where you are boating. Before upsizing your boat, give some thought to the impact your new boat will have on the immediate environment with the wave action on docks and shores, the eco system and the capacity for speed. Some of the larger boats have a much larger capacity for performance than the lakes can accommodate.

REMEMBER...TO CONSIDER...Speed you are travelling and, the Wake you are leaving behind.

SPEED

1. Boating be at least 30 M from the shore, maximum travelling speed is 10 km/hour.
2. Always be in control of your boat with the ability to respond in a split second
3. Be aware of on-coming boat traffic – especially in narrow passages and blind spots
4. When tubing or towing someone on a float, this should

activity be on the wider part of the lake, not on narrow passageways. Please do not tow anything between lakes, unless it is a disabled boat in distress returning home or going for service.

WAKE

- Be mindful of the wake that trails your boat. Inboards, outboards, SeaDoo's, Jetski's, dingys, etc. each present differently when travelling at regular speeds. Adjust your speed accordingly. Experiment in open waters to see the size of the lake you are leaving.
- When travelling through a 'NO WAKE ZONE', slow down. In some areas, such as the marked channel between the Allsaw Bridge and Soyers Lake, this may mean idling through this area. This will keep your wake to a minimum, thereby not disturbing the shoreline, kayakers, canoeists, or cottagers enjoying the water at their docks.
- Your 'WAKE' will have an impact on docks, and vessels moored to docks, and the shoreline. Be considerate. When tubing, wake surfing, or boating in a manner to increase the size of your wake, it should be done in the center of the lake, away from the shoreline.
- Responsible Boating is Green, Clean, Safe and Courteous. Have fun and enjoy your boating on this beautiful 5 Lake Chain.





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LOVE YOUR LAKE





LOVE YOUR LAKE

Hosted by the Lake Kashagawigamog Organization (LKO), this half-day seminar will feature speakers and exhibitors addressing some of the major issues affecting our local lake water quality and how we can minimize our impact.

DATE: July 20, 2019

TIME: 9 am

WHERE: Minden Community Centre, 55 Parkside St., Minden

SPEAKERS:

- **Rob Davis and Mike Rahme** – Mysteries of your septic system
- **Julia Sutton** – The Ribbon of Life: naturalized shorelines and the use of native plants
- **Alexandre Walsh** – Recognition, prevention and control of invasive plants and animals


COST: (lunch included)
LKO members: FREE
Non-LKO members: \$15 in advance; \$20 at the door.

TO REGISTER OR FOR MORE INFORMATION: www.lko.ca

Or contact Jim Bertram (705) 457-4697, treasurer@lko.ca
Wendy Hampson (705) 286-6770 membership@lko.ca

Note: We will provide coffee, tea and water - you provide your own drinking container. LKO water bottles for sale.

LUNCH INCLUDED catered by **McKee's Tap & Grill**



With confirmed reports of blue-green algae in Haliburton County lakes, **there is no time like the present** to learn and take action!

We Love Our Loons - Let's Protect Them!



In the April 11 edition of Cottage Life's electronic newsletter, "Dockside" there was a disturbing article, "Loon reproduction is on the decline in Canada". It went on to say that the cause was probably due to one or more of lack of food, boating activity, water fluctuations and habitat loss due to shoreline development.

Loons have a low birth rate and in order to have a stable population, a mated couple has to produce one offspring that survives to an age of 6 weeks every two years. The need for food in the breeding season is enormous. It is estimated that a family of four - 2 parents and 2 chicks, need about three kilos of food a day during the 4-month period. Lack of food or the ability to feed can be catastrophic.

One of the additional problems is loons' nesting behaviour. Although they are supremely designed for an aquatic life, they are very vulnerable on shore, not being able to either take to

the air or walk properly. They nest very close to the water and try to camouflage their nests in reeds or tall grasses.

Loons lay one or two eggs in late May or June and after a 4-week incubation the chicks hatch sometime between late June and July. If they survive for six weeks, they are self-sufficient in terms of feeding but require another few weeks to master flying. The adults leave first and the young follow later, quite often just before freeze up.

I certainly can't claim any great expertise in this area but I have been involved with the loon survey organized by Bird Studies Canada for the last few years and have noticed the low birth rate. However, I don't think water quality is the issue. Grass Lake, which is upstream from us seems to have had much more success, with two young surviving to the magical six-week age in 2018. On all of Kashagawigamog which is much larger, we had only one young loon reach that landmark with another loon nesting but not having young that anyone saw. I think it is probably due to human activity. Kash seems to be a much busier lake, with lots of activity. What makes sense to me is that we try to avoid disrupting their activities. Certainly, don't get near nesting loons, don't get close to loons on the lake and try to avoid creating a wake in that crucial nesting period up to mid-July.

I really love to see loons on the Lake and delight in hearing their calls and would hate to lose that part of the cottage experience. I'm sure many of you feel the same.

Jim Bertram



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⇒ **WATCH** the C.H.A. **LAKE PROTECTORS VIDEOS:**
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⇒ **Replace One Toilet With a Ultra Low Flush 3 Litre Unit –**
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⇒ **Have Your SEPTIC TANK INSPECTED** by a licensed inspector

⇒ **Start NATURALIZING** Your Shoreline
Use the C.H.A. **SHORELINE PLANT SELECTION TOOL**
at www.cohpoa.org and click on Shorelines

⇒ **LEAVE WOODY DEBRIS** in the lake and on the shore

⇒ **REPLACE** hardened (concrete) steps with porous steps

⇒ **CHOOSE** an **ENVIRONMENTALLY-FRIENDLY** dock

⇒ **TALK To A Neighbour About LAKE HEALTH**

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Naturalizing Your Shoreline

SHORELINE TIPS

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<https://www.ontario.ca/page/licence-free-family-fishing>



Responsible Renting

BY JANICE BISHOP, OWNER OF ALL-SEASON COTTAGE RENTALS

Having a rental property in your neighbourhood has transitioned from a rare occurrence to common practice. As the popularity of cottage rentals increase, so do the problems associated with rentals.

I have been a cottage rental agent for twenty years. Experience has taught some important lessons that I'm going to share with you.

Problems can be avoided if a rental is managed properly. Cottage rental agencies administer detailed legal contracts to protect your property and to outline your expectations from renters. Rental agencies also screen carefully to avoid troublesome groups.

However, if you plan to rent using an advertising service such as Airbnb or Homeaway, be aware that these are advertising services and not management companies. You will have to manage your renters and rental contracts on your own. I can't stress this enough. These are advertising services and DO NOT administer rental agreements nor assist you if there is a problem. It's important to understand that renters are extremely anxious to please the owner of the cottage they have rented. However, they are often inexperienced at cottaging and need direction. This is where the rental agreement comes in. It will itemize all of your expectations and consequences for not meeting your expectations. It gives a cottage owner and neighbours recourse if a rental group misbehaves.

Here are some areas where renters need direction:

Occupancy limits – limit the number of people using your cottage based on the capacity of your septic. Pollutants can leech into the lake when a septic is over-used. It is your responsibility to make sure this doesn't happen.

Define your boundaries – let renters know where your property lines are so they don't trespass on your neighbours

Noise restrictions – city folk don't always understand how noise travels in cottage country. It's a good idea to ask renters to put out the campfire and move indoors at 11 PM

Fire Guidelines – provide campfire guidelines including instructions on dousing the fire at night and phone numbers for the MNR so they can check on fire bans

Garbage – renters are accustomed to garbage pick-up. They need to be educated on how we deal with garbage in cottage country. Don't forget to tell them what to do with garbage between trips to the dump.

Fireworks – I recommend that you totally ban the use of fireworks at your cottage

Emergency Services – leave your 911 address and emergency phone numbers near the telephone

Itemize penalties for breaking rules.

Provide a cleaning checklist for check-out

Most importantly protect your lake and your investment by putting up the CHA Rental Posters

Article provided by



RENTING YOUR COTTAGE?

Protect Your Investment And Your Lake.

HERE ARE 3 SIMPLE SUGGESTIONS:

1. Ensure that you do not have an overcapacity crowd in your cottage

Capacity = # of bedrooms x 2

FOR EXAMPLE: A 3 bedroom cottage should not have more than 6 overnight occupants.

IF YOU HAVE MORE PEOPLE THAN THAT:

- RAW SEWAGE enters your tile bed and the water table
- you have to REPLACE your tile bed COSTING thousands of dollars and your lake becomes POLLUTED.

2. Post the C.H.A. Rental Posters in the Kitchen, Washroom, Laundry Room and Garbage Areas

Help your guests who may not be used to lake life and septic systems with practical tips:



3. Let your renters know that you are part of a lake community

Many people come to the lake for the peace and tranquility – ask them, kindly, that they respect this fact – particularly after dark.



Happy Renters, Happy You & Happy Lake!


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 matinee)


 July 15-18 (7:30 p.m.),
 19 & 21 (2 p.m. matinee),
 22 & 23 (7:30 p.m.)


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GIVE YOUR SHORELINE A MAKE-OVER!



BEFORE

- 1. A cleared, manicured lot lacks shade and privacy. The loss of native plants leads to more erosion, runoff and work for you.
- 2. Runoff flows over solid surfaces speeding up erosion. Pollutants and excess silt damage habitat for aquatic life.
- 3. Chemical fertilizers and pesticides reduce water quality, are hazardous to your health and can be deadly for fish and other wildlife.
- 4. Lawn to the water's edge lacks the deep roots needed to stabilize the bank.
- 5. A hardened shoreline can direct erosion downstream, prevent natural filtering of pollutants and sediment, and damage wild life habitat.
- 6. An artificial beach needs ongoing sand replacement, reduces water quality and reduces aquatic habitat.
- 7. Old 2-stroke engines dump 25 to 40 per cent of fuel, un-burned into water and air.
- 8. A solid crib dock destroys habitat, alters currents and can direct erosion downstream.
- 9. A malfunctioning septic system allows phosphorous and bacteria to leach into the water.
- 10. Harmful household chemicals and cleaners damage septic systems and reduce water quality.



AFTER

- 1. Prune trees rather than removing them. Plant low maintenance native trees and shrubs to reduce erosion and absorb runoff.
- 2. Replace solid surfaces with porous materials where possible. Redirect runoff into settling areas, away from the water's edge.
- 3. *Mow it high and let it lie.* Raise your mower deck to at least 8 cm (3") to retain moisture and reduce weeds. Leave clippings on the lawn for fertilizer.
- 4. Start a buffer. Leave some grass uncut along the water's edge. Restore the shore with deep rooting native plants.
- 5. "Soften" your shoreline to improve erosion protection with native trees, shrubs, grasses and aquatic plants.
- 6. Create a "dry land" beach above the high watermark. Let imported sand erode away naturally and let native plants grow back.
- 7. Use an electric outboard, or a four-stroke engine.
- 8. Remove solid dock. Install a pipe, cantilever or floating dock. Don't use treated wood.
- 9. Care for your septic system by having it pumped out and upgrade it when necessary. Consult an expert.
- 10. Use environmentally-friendly products, or alternatives like baking soda and vinegar.



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Total Lakelands Association of Realtors, Muskoka, Haliburton and Orillia waterfront sales volume run against Haliburton - search dates Jan 1-Dec 31, 2012, 2013, 2014 and 2015, 2016, and 2017. 50% being allocated to each end of the sale. This marketing piece is not intended to solicit Sellers or Buyers currently under contract with a Brokerage